



PRESENTS THE

2011 NEW JERSEY STATE MEET (A/BB/C & MINI MEET)

DECEMBER 17 - 18, 2011

HELD UNDER THE SANCTION OF MIDDLE ATLANTIC SWIMMING
SANCTION #'S MA 12____ A AND MA 12____ M

- MEET LOCATION:** Gloucester Institute of Technology (GCIT)
Tanyard Road, Sewell, NJ. Phone: (856) 468-1445 x2657 (days of meet only).
Day of meet calls can also be placed to meet personnel at (609) 353-6760.
- FACILITIES:**
- Competition Pool: Two 8-lane 25 yard courses with gutter system, non-turbulent lane lines, starting platforms (start/dive into 10 feet of water – deep end, and start/dive into 5 feet of water – shallow end.), Colorado™ Electronic Timing System and eight-lane scoreboard. The competition course has not been certified in accordance with USA Swimming rule 104.2.2C(4).
 - Spectator Seating: Seating for 400+ spectators. Additional off-deck seating available in concession area. Spectators are prohibited from entering areas of the pool which are being used by swimmers, coaches, and officials displaying valid USA Swimming credentials.
 - Swimmer Seating: Seating for 700+ swimmers available on pool deck
 - Snack Bar: A snack bar will be open throughout the meet serving hot and cold food, beverages, and snacks. This service is provided by the GCIT and not Jersey Storm Swimming.
 - Hospitality: Hospitality will be provided for all coaches, officials and meet workers. Hot and cold food, beverages, and snacks will be available.
 - Parking: Ample free parking located at pool.
- MEET DIRECTOR:** Bob Worrell, Phone: (609) 353-6760, e-mail: meetdirector@jerseystormswimming.org .
Contact with meet director via e-mail is preferred.
- SAFETY DIRECTOR:** Raimund Belonzi, Phone (609) 353-6760, e-mail: info@jerseystormswimming.org
- OFFICIALS:** All USA Swimming certified officials and trainees are invited to assist in the operation of the meet. If interested in assisting at the meet, please contact Bill McGee at (609) 353-6760 or officials@jerseystormswimming.org.
- ELIGIBILITY:** This A/BB/C & Mini meet is open to all swimmers registered with USA Swimming living in or competing on a team located in the state of New Jersey. Swimmer's age as of December 17, 2011 determines the age group in which they will compete in at the meet. Jersey Storm Swimming reserves the right to offer non-New Jersey teams entrance (must be USA and Middle Atlantic registered) into the meet. This is to insure a full, competitive meet. This will not affect awards or highpoint scoring in any way. Teams/Swimmers from outside the state of New Jersey will not score or receive awards (times are official). Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director, referee, and entry coordinator as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.
- Qualification Times: No qualification times are required for this meet. Use NT for entries with no time.
 - Individual Event Limit: Swimmers may enter a maximum of 5 individual events per day.
 - Relay Event Limit: Swimmers may enter a maximum 1 relay event per day.

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**MEET SESSION
START TIMES &
WARM-UP INFO:**

- Session #1 & #4: 13-14, 15&Over (9&Over for 500 FR event only)
 - Warm-Up: 7:00AM (2 – 25 minute warm up)
 - Meet Starts 8:00AM
- Session #2 & #5: 8&under Mini Meet and 11&Over 1650FR
 - Warm-Up: 12:00PM (2 – 15 minute warm up)
 - Meet Starts no earlier than 12:30PM
- Session #3 & #6: 9-10, 11-12
 - Warm-Up: 2:55PM (3 – 20 minute warm-up)
 - Meet Starts 4:00PM

****Session start times may be adjusted depending on the number of entries****

****All coaches and club representatives will be notified a minimum of one week prior to the start of the meet****

**** Updates will be posted at <http://www.jerseystormswimming.org> ****

Warm-Up/Warm-Down Guidelines: Each team will be assigned warm-up times. Swimmers must be under direct supervision of a currently registered USA Swimming coach. **All unattached swimmers and swimmers without a coach must report to the meet director prior to warm-up.** The last 5 minutes of each team's warm-up session may be used for starts at coach's discretion. All starts during warm-up begin at starting block end and swimmers swim one way and get out at far end of pool. Swimmers violating safety rules will be removed from warm-up for the remainder of the warm-up session. Subsequent violations will result in the swimmer's disqualification for the remainder of the meet.

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ORDER of EVENTS:

(* indicates diving end of pool / deep end)

**SATURDAY
DECEMBER 17, 2011**

SESSION # 1

Warm-up 7:00AM, Meet starts 8:00AM

| WOMEN | EVENT | MEN |
|----------------|--------------------|----------------|
| <u>Event #</u> | <u>13-14</u> | <u>Event #</u> |
| 13* | 200 FR | 1 |
| 15* | 200BK | 3 |
| 17* | 200 BR | 5 |
| 19* | 100 FLY | 7 |
| 21* | 50 FR | 9 |
| 23* | 200 MED REL | 11 |
| <u>Event #</u> | <u>15&OVER</u> | <u>Event #</u> |
| 2 | 200 FR | 14* |
| 4 | 200 BK | 16* |
| 6 | 200 BR | 18* |
| 8 | 100 FLY | 20* |
| 10 | 50 FR | 22* |
| 12 | 200 MED REL | 24* |
| 25 | 400 IM ** | 26 |

**will begin after both pools are finished in Session #1

**SUNDAY
DECEMBER 18, 2011**

SESSION # 4

Warm-up 7:00AM, Meet starts 8:00AM

| WOMEN | EVENT | MEN |
|----------------|--------------------|----------------|
| <u>Event #</u> | <u>13-14 - s</u> | <u>Event #</u> |
| 80 | 200 IM | 68* |
| 82 | 100 BK | 70* |
| 84 | 100 BR | 72* |
| 86 | 200 FL | 74* |
| 88 | 100 FR | 76* |
| 90 | 200 FR REL | 78* |
| <u>Event #</u> | <u>15&OVER</u> | <u>Event #</u> |
| 69* | 200 IM | 81 |
| 71* | 100 BK | 83 |
| 73* | 100 BR | 85 |
| 75* | 200 FLY | 87 |
| 77* | 100 FR | 89 |
| 79* | 200 FR REL | 91 |
| 92 | 500 FR*** | 93 |

***will begin after both pools are finished in Session #4

SESSION # 2

Warm-up 1:00PM, Meet Starts 1:30PM

| WOMEN | EVENT | MEN |
|----------------|-----------------------|----------------|
| <u>Event #</u> | <u>8 & UNDER*</u> | <u>Event #</u> |
| 27 | 100 FR | 28 |
| 29 | 25 BK | 30 |
| 31 | 50 BR | 32 |
| 33 | 25 FLY | 34 |
| 35 | 50 FR | 36 |
| 37 | 100 MED REL | 38 |
| <u>Event #</u> | <u>11&OVER</u> | <u>Event #</u> |
| 39 | 1650 FR | |

SESSION # 5

Warm-up 1:00PM, Meet Starts 1:30PM

| WOMEN | EVENT | MEN |
|----------------|-----------------------|----------------|
| <u>Event #</u> | <u>8 & UNDER*</u> | <u>Event #</u> |
| 94 | 100 IM | 95 |
| 96 | 50 BK | 97 |
| 98 | 25 BR | 99 |
| 100 | 50 FLY | 101 |
| 102 | 25 FR | 103 |
| 104 | 100 FR REL | 105 |
| <u>Event #</u> | <u>11&OVER</u> | <u>Event #</u> |
| | 1650 FR | 106 |

SESSION # 3

Warm-up 2:55PM, Meet Starts 4:00PM

| WOMEN | EVENT | MEN |
|----------------|--------------|----------------|
| <u>Event #</u> | <u>11-12</u> | <u>Event #</u> |
| 55 | 100 FR | 40 |
| 57 | 50 BK | 42 |
| 59 | 100 BR | 44 |
| 61 | 50 FLY | 46 |
| 63 | 200 IM | 48 |
| 65 | 50 FR | 50 |
| 67 | 200 MED REL | 52 |
| <u>Event #</u> | <u>9-10</u> | <u>Event #</u> |
| 41 | 100 FR | 54 |
| 43 | 50 BK | 56 |
| 45 | 100 BR | 58 |
| 47 | 50 FLY | 60 |
| 49 | 200 IM | 62 |
| 51 | 50 FR | 64 |
| 53 | 200 MED REL | 66 |

SESSION # 6

Warm-up 2:55PM, Meet Starts 4:00PM

| WOMEN | EVENT | MEN |
|----------------|--------------|----------------|
| <u>Event #</u> | <u>11-12</u> | <u>Event #</u> |
| 120 | 200 FR | 108 |
| 122 | 100 BK | 110 |
| 124 | 50 BR | 112 |
| 126 | 100 FLY | 114 |
| 128 | 100 IM | 116 |
| 130 | 200 FR REL | 118 |
| <u>Event #</u> | <u>9-10</u> | <u>Event #</u> |
| 107 | 200 FR | 119 |
| 109 | 100 BK | 121 |
| 111 | 50 BR | 123 |
| 113 | 100 FLY | 125 |
| 115 | 100 IM | 127 |
| 117 | 200 FR REL | 129 |

*Deep pool

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**ENTRY
LIMITATIONS:**

The Meet Director reserves the right to limit entries, events, heats, or to modify the meet format to conform to Middle Atlantic rules. Each session will be held under the maximum 4-hour per session time limit. Entries will be inputted in the order they are received, NO exceptions. Teams and/or individuals that do not make a particular session of the meet will be notified of their status ASAP. Refunds for returned entries will be available at the meet or mailed after the meet if not picked up. To ensure maximum participation, entries will be processed in the following way:

- **FOR SESSION LIMITS UPDATES PLEASE GO TO www.jerseystormswimming.org**
- Teams and/or swimmers located or residing within New Jersey have priority for entry into the meet if entries are received before November 26, 2011. Meet Director reserves the right to determine team/swimmer eligibility. If a session reaches 4 hours, entries from teams/swimmers will be returned for that session. All other sessions will remain open until they also reach 4 hours. If a session reaches 4 hours once all non-New Jersey based teams/swimmers entries have been returned, all further entries for the session will be returned. All other sessions will remain open until they also reach 4 hours.

**DECK ENTRIES/
TIME TRIALS:**

- Deck Entries: Subject to space availability, and at the discretion of the Meet Director, deck entries will be accepted on the day of the meet, prior to the start of each session, at the cost of \$8.00/individual event, \$12.00/relay event. No additional heats will be added. Deck-entered swimmers will compete unofficially; the achieved time is official, but the swim will not score in the meet for points or awards. All deck entries must be submitted to the meet director 45 minutes prior to the start of the session to be considered. USA Athlete ID must be presented if a swimmer is not already entered into the meet. Swimmers may also use a USA Swimming-watermarked roster that the club prints from its Club Portal for proof of current registration.
- Time Trials: Time trials will not be offered at this meet.

SEEDING:

- Events: All events are timed finals.
- Entry Seeding: Events for 9 & Over participants will be seeded at the meet.
 - Each team will be given a check-in sheet with all events listed for each session. Check-in sheets must be turned in to the meet administration **no later than** 30 minutes prior to the start of the session. Swimmers that are being scratched from the session will have a circle around their name and events with SCR next to their name. If a single event is being scratched, a single line will be drawn with a circle around the event in which they are being scratched.
 - Relay cards for the 9 & Over events will be due 1 hour after the start of the session
 - All events will be swimming slowest to fastest except for the events noted below.
 - The 1650FR will swim fastest to slowest.
 - 1650FR swimmers must provide their own timers and counters.
 - Positive check-in for the 1650 will close at 11:45am
 - The 11&O 400IM and 9&Over 500FR will swim fastest to slowest
 - Positive check-in for the 400IM and the 500FR will close at 9:45am
 - 500FR swimmers must provide their own counters.
 - The 200 BK, 200 BR, 200FL, 11&O 400IM, 11&O 1650FR and 9&Over 500FR events will be swum together but awarded separately in the appropriate age-groups.
 - The mini meet will be pre-seeded except for the relays.
 - Relay cards for the mini meet will be due at the start of the session.

**SWIMMERS
WITHOUT A COACH:**

Swimmers unaccompanied by a coach with proper credentials should report to the Meet Director before the warm-up for each session. These swimmers will be placed under the supervision of the Jersey Storm coaches during the meet (for warm-up and competition). Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

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HOW TO ENTER:

Entry times should reflect performance in short course yards (SCY) competition, however, entries reflecting performance in non-conforming times long course meters (LCM) or short course meters (SCM) are acceptable. All meet entries should be submitted using the actual time swum in the course in which the time was achieved. Entries with converted times will be rejected. In accordance with Middle Atlantic Swimming Inc. policy, the meet director will convert all times as necessary for seeding. If swimmer has no time for an event, use NT for the entry.

- EMAIL Hy-Tek Entries (preferred): All entries must be submitted using the Hy-Tek Team Manager program. A copy of the Team Manager entry report and entry zip file must accompany the email. Entries must be accompanied by a completed 'Team Summary' sheet.
- Paper entries: Use official Meet Entry forms enclosed. In accordance with current Mid-Atlantic policy, any team entering the meet with more than five swimmers that does not submit entries via email using Hy-Tek or compatible program will incur a \$5.00 per swimmer surcharge. This surcharge, as well as normal entry fees must be paid in full for the entries to be considered received. Entries must be accompanied by a completed 'Team Summary' sheet.

Please send ONE check per club, payable to JERSEY STORM SWIMMING (do not send individual checks for each swimmer). Entries using Hy-Tek Team Manager may be e-mailed or mailed to the meet director.

**ON-SITE
REGISTRATION:**

Unregistered swimmers may register on deck at this meet by turning in the athlete registration form and payment to the Meet Director. The cost of registering on deck is double the normal fee (\$120 per swimmer for 2011-12 registration). This applies to all swimmers attached to a club.

ENTRY FEES:

- Individual Events: \$5.00/Event*
- Relay Events: \$8.00/Relay

* Additional \$1 per event is in lieu of an admission fee

SEND ENTRIES TO:

Entries (using Hy-Tek software) attached to an e-mail are preferred.
Please send ONE check per club, payable to JERSEY STORM SWIMMING
(do not send individual checks for each swimmer)

Mail checks and completed summary forms to:

Bob Worrell
15 Whitlow Drive
Westampton, NJ 08060
meetdirector@jerseystormswimming.org

*Request signature waiver when mailing entries

ENTRY DEADLINE:

The entry deadline is 6:00PM, Sunday, December 4, 2011. No late entries will be accepted.

All payments must be received by Monday, December 12, 2011. For entries received on the same day, Hy-Tek entries will be accepted first (in the order received) followed by paper (official entry form) entries.

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- RULES:**
- This meet will be conducted according to current USA Swimming and Middle Atlantic Swimming rules.
- USA Swimming/Middle Atlantic Swimming safety guidelines and warm-up procedures will be in effect for the entire meet. Failure to obey instructions of safety director, marshals & officials will result in disqualification from meet. There is absolutely NO DIVING permitted in warm-up pool with the exception of designated sprints during warm-ups. Swimmers violating safety rules will be removed from the pool. Subsequent violations will result in the swimmer's disqualification for the remainder of the meet.
 - All coaches/officials must be registered with USA Swimming and must display valid USA card. Only USA Swimming registered swimmers, coaches, and officials with valid credentials and essential meet personnel will be permitted on deck.
 - Spectators are prohibited from entering areas of the pool that are being used by swimmers, coaches and officials displaying valid USA Swimming credentials.

Scratch Rule: Any swimmer entered in an individual event that is seeded on the deck, in whole or in part, who has positively checked in for that event, must swim the event unless the swimmer notifies the Referee or Clerk of Course prior to the seeding of the event that the swimmer wishes to scratch. Failure to scratch prior to seeding after positively checking-in and not swimming the event will result in the swimmer being barred from the next individual event in which they are entered whether on the same or later meet day.

Entry Times: Penalties will be imposed upon a swimmer when any coach, parent or swimmer enters any time other than the swimmer's best time for any event. Penalties may include fines and suspension.

Start Procedure: This meet will be conducted using the 'Whistle Commands' and 'No Recall' false start procedures as outlined by USA Swimming. 'Fly-over' starts will be used at this meet for 9&Over events. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.

Bulkhead Safety: Any swimmer observed swimming under or through the bulkhead by an Official or Safety Monitor at the meet will be disqualified from that swimmer's next individual event or from the remainder of the meet, as determined by the Meet Referee. This policy will be strictly enforced. **Only meet officials are allowed on the bulkhead during the meet.**

Official Times/Results: All events are timed finals with times/places being determined by the timing system and verified by meet officials. Score board time is not official. Questions regarding results should be addressed to the meet director by **the swimmer's coach only.**

- SCORING:**
- Team and Individual High Point scoring will be kept. It is imperative that all swimmers state their team affiliation on individual entries. Team and individual high point awards ignore ALL time standards and the events/meet is scored based solely on fastest to slowest times in each scoring age group. Event scoring is as follows:

- Individual Event Scoring: 1st-20, 2nd-17, 3rd-16, 4th-15, 5th-14, 6th-13, 7th-12, 8th-11, 9th-9, 10th-7, 11th-6, 12th-5, 13th-4, 14th-3, 15th-2, 16th-1;
- Relay Event Scoring: 1st-40, 2nd-34, 3rd-32, 4th-30, 5th-28, 6th-26, 7th-24, 8th-22, 9th-18, 10th-14, 11th-12, 12th-10, 13th-8, 14th-6, 15th-4, 16th-2;

Note: In order for a relay to score team points and be eligible for awards, athlete names must be supplied to meet administration.

Note: Teams/Swimmers from outside the state of New Jersey are not eligible for scoring/awards.

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AWARDS:

Awards based on entry time are presented for each event in accordance with Middle Atlantic Swimming Inc. policy and as follows

- Individual Event Awards: Individual event awards will be presented in following age groups, 6&Under, 7-8, 9-10, 11-12, 13-14, and 15&Over as follows:
 - “A” entries: Medals 1st through 3rd place, ribbons for 4th through 8th place;
 - “B” entries: Rosettes 1st through 3rd place, ribbons 4th through 8th place;
 - “C” entries: Ribbons 1st through 8th place;
 - 7-8 and 6&under entries: Ribbons 1st through 16th place.
- Relay Events: - Awards will be presented in each of the following age groups, 8 & under, 9-10, 11-12, 13-14, and 15&Over as follow: Ribbons for 1st to 3rd places.
Note: In order for a relay to be eligible for awards, athlete names must supplied to meet administration.
- Team Awards: Plaques will be presented to the 1st, 2nd and 3rd place teams. Unattached swimmers and deck entered swimmers will not be considered in team scoring. Team scoring will be a team total (i.e., relays and individual events, men and women). See scoring rules for additional details.
- Individual High Point Awards: will be given to the 1st, 2nd, and 3rd place men and women in each scoring age group (6&Under, 7-8, 9-10, 11-12, 13-14, and 15&Over). See scoring rules for additional details. Relay scoring will not be used to determine individual high point awards.

Note: Teams/Swimmers from outside the state of New Jersey are not eligible for scoring/awards

Note: Awards must be picked up at the end of the meet. Awards will not be mailed to participating clubs.

ADMISSION & PROGRAM:

Admission: No admission charge will be collected.

Programs: \$2.00 per heat sheet for each pool. A meet sheet for the first seeded event will be sold during the warm-up session. After the meet begins, and the officials and coaches have a copy of the meet sheet, the program for the session will be made available. The meet sheet with the first seeded event should be redeemed as a coupon for the session heat sheet for that session.

QUESTIONS:

Direct all questions to the meet director. This is the only valid source of information regarding the meet. Meet management is not responsible for information from any other source(s).

RESULTS:

Results will be posted on the Middle Atlantic web site www.maswim.org & www.jerseystormswimming.org.

VOLUNTEERS:

If anyone is interested in volunteering to assist in the operation of the meet, please contact the meet director at meetdirector@jerseystormswimming.org. The hospitality area will be available for sessions for which you assist.

SPONSORSHIP AVAILABILITY:

Program Advertisements & Meet Sponsorship: If you would like to place an advertisement in our meet program, please contact Jersey Storm at info@jerseystormswimming.org for more information. Advertisements will be strategically placed in all programs.

FUTURE MEETS:

Jersey Storm Swimming hosts six swim meets sanctioned by USA Swimming and Middle Atlantic Swimming Inc. each year. Please consider participating in another of our upcoming meets. Meets being hosted by Jersey Storm during the Short Course season are as follows:

- STRM Mini Meet - October 2012 at Fort Dix, NJ
- STRM Golden Harvest A/BB/C Meet – November 2012 at Fort Dix, NJ
- STRM Treasure Chest Mini Meet - February 5, 2012 at Fort Dix, NJ
- STRM A/BB/C Meet - February 18-19, 2012 at Fort Dix, NJ

Please see the Middle Atlantic Swimming Inc. web site www.maswim.org for the meet information or contact the meet director for further information.

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DIRECTIONS:

The Gloucester Institute of Technology (GCIT) is located on Tanyard Road in Sewell, NJ. Directions are also available on the MA website www.maswim.org

From the South (Delaware Memorial Bridge or Commodore Barry Bridge): Take I-295 North to Exit 21 onto Delaware Street and continue through Woodbury. Turn right at traffic light onto Evergreen Avenue. Turn left at next traffic light onto Egg Harbor Road (this road is actually labeled "E. Barber" Rd). Continue approx. 3 miles to the next traffic light. GCIT is on the left at the bottom of the hill beyond the traffic light.

From the North (I-295): Take I-295 South to Route 42 South and remain in right lane. Take Route 55 South to Exit 56B (Route 47 North/Woodbury). Turn left onto Bankbridge Road at the traffic light. Turn left again at the next traffic light onto Tanyard Road. The entrance to GCIT is on the left side of the road at the bottom of the hill.

From the North (NJ Turnpike): NJ Turnpike South to Exit 4. Take Rt 73 North to I-295 South. Take I-295 South to Route 42 South and remain in right lane. Take Route 55 South to Exit 56B (Route 47 North/Woodbury). Turn left onto Bankbridge Road at the traffic light. Turn left again at the next traffic light onto Tanyard Road. The entrance to GCIT is on the left side of the road at the bottom of the hill.

From the West (PA Turnpike): Take PA Turnpike east into NJ. Take NJ Turnpike South (towards Delaware) to Exit 4. Take Rt 73 North to I-295 South. Take I-295 South to Route 42 South and remain in right lane. Take Route 55 South to Exit 56B (Route 47 North/Woodbury). Turn left onto Bankbridge Road at the traffic light. Turn left again at the next traffic light onto Tanyard Road. The entrance to GCIT is on the left side of the road at the bottom of the hill.

From the West (Philadelphia and the Walt Whitman Bridge): Take I-76 East to Route 42 South and remain in right lane. Take Route 55 South to Exit 56B (Route 47 North/Woodbury). Turn left onto Bankbridge Road at the traffic light. Turn left again at the next traffic light onto Tanyard Road. The entrance to GCIT is on the left side of the road at the bottom of the hill.

From the South (Jersey Shore): Take Route 55 North to Exit 56B (Route 47 North/Woodbury). Turn left onto Bankbridge Road at the traffic light. Turn left again at the next traffic light onto Tanyard Road. The entrance to GCIT is on the left side of the road at the bottom of the hill.

LODGING:

- Quality Inn – West Deptford (856) 848-4111
- HoJo Inn – Blackwood, (856) 228-4040
- Comfort Inn – Runnemede, (856) 939-6700
- Fairfield Inn – 1160 Hurffville Rd., Deptford, NJ (856) 686-9050
- Residence Inn - 1154 Hurffville Rd., Deptford, NJ (856) 686-9188

TEAM SUMMARY SHEET

*** This form must be mailed in with payment**

CLUB NAME: _____ CLUB CODE: _____ LSC: _____

COACH: _____ PHONE #: (_____) _____ - _____

CLUB ADDRESS: _____

E-MAIL ADDRESS: _____
Include all e-mail addresses you wish meet updates sent.

MEET ENTRY INFORMATION:

INDIVIDUAL EVENTS _____ x \$5.00 = \$ _____

RELAY'S _____ x \$8.00 = \$ _____

SWIMMER SURCHARGE (applies to teams with more than five swimmers who do not submit entries via HY-TEK)

SWIMMERS _____ x \$5.00 = \$ _____

TOTAL = \$ _____

(Make checks payable to *JERSEY STORM SWIMMING*)

In consideration of the acceptance of this entry, I/we hereby for myself/ourselves, my/our heirs, administrators and assignees, waive and release any and all claims for damages which I/we may have against USS, Jersey Storm Swimming, their agents or representatives, for any and all injuries suffered by myself/us and/or my swimmers in, at, and during travel to/from said meet. I/we are bona-fide amateur athlete(s), USS registered, and eligible to compete in all of the events I/we have entered.

CLUB REP. NAME/SIGNATURE: _____ / _____

PHONE NUMBER: (_____) _____ - _____

**Entry deadline is 6:00PM, SUNDAY, DECEMBER 4, 2011
NO LATE ENTRIES WILL BE ACCEPTED**

